



UKRAINIAN WEEKLY



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VOL. VI

UKRAINE UNDER POLAND

The Polish Government pursues its policy of attempting to exclude Ukrainians from the free professions. "Nowy Czas" of March 19, 1938, states that, after having placed all manner of obstacles in the way of Ukrainians who wish to enter the medical profession, the Government has turned its attention to the legal profession.

The paper reports a speech of Dr. Stepan Vytvytski, protesting against a proposed statute governing admission to the bar, before the Polish Sejm on March 15th. Dr. Vytvytski said:

"Under article 57, sections E and F, conditions for admission to the bar are so laid down that the requirements are not only professional but political. Admission would be reserved only for those candidates who had been admitted to court practice, which means, quite simply, a total exclusion of those of Ukrainian nationality. I know of cases where capable and well qualified graduates of the faculty of Law, with clean political records, have applied for court practice, and have been rejected—merely because they were Ukrainians. Such a statute would bar Ukrainians from following the legal profession. It seems to be but an extension of the methods applied in your process of colonization—not an inch of land into the hands of Ukrainians, and here 'Not a single possibility of earning a living into Ukrainian hands.' This naturally drives hundreds of Ukrainian youths into hopelessness and despair."

POLES ON POLISH MINORITIES

"Gazeta Polska" of March 23rd demands autonomy, and equal rights, for the Polish Minority in Czechoslovakia. The paper states that "the 250,000 Poles in Czechoslovakia, who form a compact mass in the district of Teschen, have the same rights to autonomy that the Sudeten Germans demand."

Apart from a certain numerical discrepancy (the Czechs admit only 81,000 Poles) we feel constrained to ask whether the Polish Government has considered its own suppressed minorities, especially that of the some 6½ million (at least) of Ukrainians who were incorporated into Poland on the express understanding that a wide measure of autonomy would be granted to them. Over fifteen years have now elapsed, and there is still no approach to autonomy for Ukrainians; on the contrary, in many respects, the situation for them has become considerably worse.

UKRAINIANS UNDER RUMANIA

On March 9th, Mr. le M. Mander brought up the question of Rumanian Minorities, in the House of Commons. He asked the Prime Minister whether he was aware that the Rumanian Government had suppressed most of the newspapers in Rumania printed in the Russian Ukrainian, and Jewish languages, and as this action is in contravention of the provisions of the minorities treaties giving special language rights to minorities, to which Great Britain is a signatory, what action has been taken. Mr. Mander enquired whether advantage would be taken of the presence of King Carol in England, in the near future, to discuss the matter. He gained an assurance that a note would be made of the point he had raised.

(Ukrainian Bureau, London)

It Needs Our Help

A cause to which our young people should give their immediate and hearty support is that of Ukrainian participation in the New York World's Fair in 1939.

Rarely does such an opportunity to demonstrate Ukrainian culture and national aspirations offer itself as the one at the coming Fair. Full advantage, therefore, should be taken of it. Both the young and old should begin to make their contributions towards the fund that will finance our participation in it. Individuals, clubs, organizations, local and national—all should immediately begin raising money for this very worthy cause.

It is regrettable, of course—as those who have read in the Svboda the reports of the Ukrainian-American Exposition Society, Inc., already know—that Ukraine will be unable to be represented at the Fair as an independent state. The reason for this, aside from the obvious one that she lacks independence, is the fact that those states under whose rule she now finds herself, the Soviet Union and Poland for instance, have reserved for themselves with the Fair authorities the right to represent all the territories and peoples under their sway. This arrangement, as is to be expected, will operate in a manner detrimental to Ukraine: the land from which came our parents will be either misrepresented or not represented at all. And so it is very fortunate that we, Ukrainian Americans, have gained the opportunity to exhibit Ukrainian culture and national aspirations at the Fair.

It is indeed a great responsibility that has devolved upon us, and we must fully live up to it. And the best way to do it, is to contribute generously to the Ukrainian-American Exposition Fund. Unlike other nationalities, we cannot receive aid from the old country. We must bear all the costs ourselves.

To what extent will we participate in the Fair, what sort of a Ukrainian program will be presented there, is something not yet finally decided. The final decision will be governed mainly by the amount of money raised, as was clearly set forth in a resolution passed at the meeting of various representatives who elected the committee in charge of the whole affair.

Plans drawn thus far, however, contemplate the presentation of Ukrainian songs through the medium of a mass chorus of several hundred singers; philharmonic concerts of Ukrainian symphonies; a Ukrainian grand opera; mass exhibits of the ever popular Ukrainian folk dances; together with an exposition of other Ukrainian arts as well. Whether there will also be a Ukrainian Pavilion, is still a question, in view of the tremendous cost involved in its building and upkeep.

Raw material out of which such a contemplated Ukrainian program could be moulded for the Fair, is all ready. Talented individuals who will do the moulding, are ready too. Everything now depends upon the general masses of the Ukrainian American people, upon their philanthropic spirit, upon the amount they will raise to finance and make successful this Ukrainian participation in the New York World's Fair in 1939.

Since our young Ukrainian Americans will be the chief beneficiaries of a successful exhibit of Ukrainian culture and aspirations at this Fair (for the older generation has not many years left to reap its benefits), and since many of them will actually take part in some parts of the Ukrainian program, such as in the chorus and dancing groups, we believe that they will play a leading part in the raising of the necessary funds and in giving to the whole affair their heartiest support.

Who among the youth will be the first to take the initiative in supporting this worthy cause?

All donations toward the Ukrainian-American Exposition Fund should be sent to: P. O. Box 1014, Church Street Annex, New York City. Checks and money orders should be made out to Nicholas Murtashko, Treasurer.

INITIATIVE AND RESOURCEFULNESS

A recently-formed U.N.A. baseball team writes as follows: "Our club wants to thank the U.N.A. for the prompt support. Today we have bought \$43.00 worth of equipment. The money for suits was raised by our prominent businessmen, and in return for their support we carry their adds on the back of the suits."

The significance of the above portion of a letter may be readily appreciated. The U.N.A. offered financial help, the boys responded. For the money furnished by U.N.A. they purchased the needed equipment and saved the balance for other expenses. As the uniforms represented a major expense item, and were not included in the gift from U.N.A., the team found other friends who "came across".

Further deductions may be drawn from this example: This team did not wait idly in expectation that all the needed funds will be thrown into their lap. While the check from U.N.A. made them feel confident of success, they went to work of exploiting other sources for funds. The work was not an easy one, but the effort brought its reward. The same effort has banded the team-mates more closely together and will continue doing so on the diamond where teamwork is most desired.

The cited example is not the only method of raising money to supplement the help from U.N.A. Initiative and resourcefulness will open other avenues to those who are willing to help themselves. And self-help, instead of complete reliance upon the older generation, is a healthy sign discernible among the young members of U.N.A.

G. HERMAN.

UKRAINIAN EASTER EGGS WIN PRIZES

In an Easter egg coloring contest held in Cleveland on April 12 under the auspices of the Cleveland Press, Ukrainian entries won most of the main prizes. First prize (\$15) for the most beautiful entry was awarded to John Bdzil, who sent in a group of four finely detailed, beautifully colored eggs in designs of perfect symmetry. Additional prizes of \$1 each, the Press further reports, were awarded in the "most beautiful" division to Mary Slepko, Mary Jaryga, Mrs. Cathryn Terlecki, and to the combined entry of Stella Beadzak and Anne Zain. One of the additional \$1 prizes in the "funniest" division went to Mrs. W. Burko. Finally, one of the additional \$1 prizes for the "most unusual" division also went to a Ukrainian, Helen Drotar.

Judges were Richard Rychtarik, artist and scenic designer; Kae Dorn Cass, instructor at the Cleveland School of Art; and Alfred Howell, supervisor of art for the Cleveland School Board.

BACKWARDNESS OF AGRICULTURE IN UKRAINE

"Visty," Kiev, February 8th, complains that tractor repair and seed preparation in the Odessa and Mykolaiv districts, where field work has already begun, is shockingly behind-hand. Those tractors which have been repaired are so badly done as to be "beyond all criticism". Of 150 motors released by the Kirav repair works 100 are useless. Up to date, only 3.6% of the scheduled seed preparation has been completed.

(Today's Ukrainian Weekly is concluded in the Svboda.)

LOS ANGELES "TIMES" SPONSORS UKRAINIAN EASTER FESTIVAL

A crowd of approximately 800 turned out Wednesday afternoon, April 6, at the new Los Angeles Times' auditorium, where from two to four under the sponsorship of Marian Manners of the Times' Home Institute, and Valentina Ray, founder-director of the newly organized Ukrainian Friendship Group, a Ukrainian Easter Festival was given featuring Ukrainian foods, folk dancing and needle art.

Miss Valentina Ray, widely known among Eastern Ukrainians, professionally a lecturer, world traveler and friendly counsellor, introduced such native foods as Ukrainian Babka (a luscious Easter Coffee cake), Sirna Paska (Ukrainian famous cheese-fruit dessert), and Orichovy Torte (a delicious walnut torte). Probably the biggest hit was the roast pig with all the trimmings, the piece de resistance for the afternoon.

Assisting Miss Ray was Mrs. Tania Orlyk, president of the Ukrainian Club of Los Angeles whose members prepared an elaborate Ukrainian table of Ukrainian breads, pastries, cheeses, Easter eggs and other food delicacies. Mrs. Orlyk, an expert cook, received much comment for the delicate lacey frosting made for a special Ukrainian Babka which she baked and presented to Mr. Harry Chandler, publisher of the Times. Mr. Chandler in accepting the Babka and Pisanki expressed admiration for Ukrainians, their foods and costumes.

The program given as an imaginary "tour to Ukraine" opened with a brief sketch about the history, customs and background of the Ukrainian nationality given by John Vasil Mitz, assistant director of the Ukrainian American Friendship Group of California. Dressed in Cossack costume he spoke about Ukraine, illustrating with a map made by himself. The large map showed the present European political line-up and the extent of the ethnological boundaries of Ukrainians in Europe. It could readily be seen how Ukraine is subdivided among Russia, Poland, Czechoslovakia and Rumania. Keen interest in Ukrainians was in evidence, with many of the audience asking questions about various phases of Ukrainianity.

Probably the most anticipated feature on the program was the folk dancing. Led by Miss Estelle Komer, who is from Amsterdam, N. Y., four girls danced solos, duets and quartets of Ukrainian dances, making a tremendous hit with the audience. Considering that the group had only a few short weeks of practice, they made a splendid showing and gave promise for

future engagements. The group of girls dancing included: Miss Olga Dmytrick, Miss Mary Nogash, Miss Mildred Wavrick and Miss Estelle Komer. Miss Komer, who studied under Avramenko, is giving her time and talent gratis it was learned.

An interesting talk on the origin, history and the making of Easter eggs (pysanky) was given by Mrs. Theodore Luciw who displayed samples of her eggs and embroidery.

Assisting on the "tour" was Mrs. T. Martin who baked a Babka. Mrs. Theodore Nogash who prepared Ukrainian sausage, and Mrs. T. Makaroska who prepared the roast pig.

An exquisite display of peasant embroidery together with modern adaptations was made though the courtesy of the Peasant Art Shop of Los Angeles.

The entire program was enthusiastically received. The affair was well publicized in the Times' newspaper and over its own radio station KFAC. Special programs and cards were printed. To the credit of Miss Ray and her co-workers, the program was given in an inspiring and professional manner. Telephone requests for recipe details are still being received, it was learned from the Home Institute Editor.

Later in the evening the day's notable program was concluded at the Neighborhood Center, 358 S. Boyle Avenue, where members of the Ukrainian Club of Los Angeles gave a testimonial dinner as an expression of appreciation to the work of Miss Valentina Ray.

Mr. John Orlyk, secretary of the Ukrainian Club, acting as a toastmaster of the impromptu dinner, foretold a new era for Ukrainian American activity in Southern California.

JOHN VASIL MITZ,
4326 So. Hobart Blvd.
Los Angeles, Cal.

HE PRAYED FOR HER

On two wooden stumps he hobbled,
Day by day, for years
To the church around the corner
Where he prayed to God in tears.

Not for the pain he suffered,
And sad misfortune, did he cry;
Nor did the loss of hope forever
Bring those quick tears to his eye.

On the hard bench, beside him,
In the glow of candle light,
His tear-filled eyes with love he
turned

To her who had no sight.

MARY SARABUN.

YOUTH AND THE U. N. A.

The sports program of the Ukrainian National Association is now in full swing and our baseball teams will soon play ball. Baseball news will appear in this column and so will box box scores, so we urge sport fans to watch for future columns. Incidentally, to have a team represent your city, all you have to do is talk it over with the officers of your branch. If enough young men show interest, there is nothing to stop you from organizing a team.

This year the U. N. A. will pay out approximately \$50,000.00 in dividends to all persons who have been in the organization two or more years. All will readily agree that this is a very fine thing and makes the U. N. A. more outstanding than ever before. To join the U. N. A. simply see the officers of your local U. N. A. branch or write to the writer of this column if you desire further information concerning the country's largest Ukrainian organization.

In our previous columns we wrote about U. N. A. youth branches in Ohio and New Jersey. This time we will go into Pennsylvania's Carnegie where we find another large youth branch... in fact, almost as large as the branch in Akron. This branch is called the "Ukrainian Trident Society," Br. 264. It was organized in November 1936, when Mr. Vladimir Malevich called a meeting of all Ukrainian youth in Carnegie especially for the purpose.

It was difficult, at first, to get many members and in January, 1937 a mere nine members were admitted. But today, a little more than a year later, the branch boasts of the remarkable membership of fifty-one members! Of these thirty-five are men and the remainder are girls. The members are proud of the fact that three of its constituents are the Rev. M. Kucher; Professor of Music, Joseph Prokop; and Dr. J. S. Corba.

At its last yearly meeting officers were elected as follows: Walter A. Patross, President; Miss Mary Mykita, Treasurer; Miss Catherine Haluszczak, Secretary; Michael Homa, Vice President; J. S. Corba, Assistant Secretary; Joseph Bogdon, Assistant Treasurer.

The male members of Branch 264 belong to the Carnegie Athletic Club, which is an organization consisting of twenty athletic clubs in Carnegie and vicinity. This organization directs most of the athletic activities in Carnegie. One of the activities was a Basketball Tournament in which the U. N. A. boys were defeated in the quarter-finals. The boys also participated in a Ukrainian Basketball Tournament at Aliquippa, Pa. Here

they were defeated in the semi-finals.

The boys of Branch 264 think that one of the best methods of getting the Ukrainian youth together is through sports, so they are forming a Ukrainian Mushball League of Western Pennsylvania. At this writing this league consists of Carnegie, McKees Rocks, South Side Pittsburgh, Aliquippa and Ambridge. Interested towns in Western Pennsylvania are invited to join this progressive league.

Not to be outdone by the boys the girls have also gone in for sports on a large scale. They participate in bowling and have intentions of going in for tennis, mushball or both this coming summer.

Branch 264 has sponsored many successful social affairs and these affairs brought in a large attendance from the Ukrainian Social Club of South Side Pittsburgh, the University Club of Pittsburgh and the Ukrainian Social Club of McKees Rocks. The next social affair will be one of a series of Pre-Convention Dances, the convention to be held this summer by the Associated Ukrainian Clubs of Western Pennsylvania. Branch 264 will hold this important dance on May 3rd, 1938 at the Ukrainian Ballroom, 220 Jane Street in Carnegie. All Ukrainians in the vicinity should not fail to attend.

It is hardly necessary for me to remind the Ukrainian youth of Carnegie to join the fine youth branch in their city, for they are doing just that. Carnegie is an ideal city for a U. N. A. youth branch and much has been accomplished there in the way of organizational work. The U. N. A. members in Carnegie deserve our compliments for the fine work that has been done... and for the work that will be done in the future. We hope to have more news concerning this exceptionally active youth branch in a future column.

Another column will appear in this paper soon. Meanwhile, we urge our readers to contribute information concerning U. N. A. youth branches. Officers of these branches who have not, as yet, written me will kindly do so in the near future. Address all communications to Theodore Lutwiniak, c/o Ukrainian National Association, P. O. Box 76, Jersey City, N. J.

A committee is composed of important persons who, singly, think they can do nothing, but together, agree that nothing can be done.—Nuggets.

"MOSES"

By IVAN FRANKO

Translated by Waldimir Semenyna

(Copyrighted)

(Continued)

(7)

CHAPTER XII

"I am enveloped by a solitude
As deep as is that boundless sea,
And with its breath it fills my lonely soul
And efforts do not set it free.

"Oh, I have been acquainted long with her,
This gentle unaffected prude—
Throughout my life no matter where I went
I always walked in solitude.

"Just like that wandering planet do I fly
Right headlong into an abyss
And feel the touch of but one hand, within—
That steady guarding hand of His. |•|•|•|•|•|•|

"Silence throughout: the lips are keeping peace—
The word is doomed before its birth,
And but for Thee, who speaks within my heart,
I would, long since, have parted with this earth.

"It is only you, Jehovah, that my heart
Is seeking with its lonely hopes;
Speak unto me once more, as you did then
On those inspiring Horeb slopes.

"The journey, Father, that you had foretold
Is coming to a closing end,
And now I'm facing you again, alone,
As at the starting did I stand.

"For two score years have I strived and taught,
Imbued with nought but Thee above,
In order that the slaves may be a race
That would be worthy of your love.

"And like that blacksmith did I temper them,
Their hearts and souls, for forty years—
And in their estimation I deserve
Nought else but stones and mocking jeers.

"And just at the time when we were about
To step into The Promised Land!
Oh, Knowing One, were those results a part
Of some great scheme that Thou hast planned?

"A sorrow grips my lonely heart at times:
Perhaps it is a fault of mine?
Perhaps I have, myself, not heeded right
Those ten commanding laws of Thine?

"Father Jehovah, I have prayed with tears,
I am weak and words are failing me!
Please give this message to some one else
More worthy of this legacy!

"A doubt is prying right into my heart,
A penetrating stinging dart;
Almighty One! Please speak to me, did I
To satisfaction play my part?!"

CHAPTER XIII

Then, at his side he felt a voice, which seemed
To be a stifled laughing sound
As if someone was walking by his side
Though nothing could be heard around.

And then, his ears caught some whispered words
Resembling hisses of some snakes:
"The bud of folly always propagates
But barbs which rend the heart with aches.

"And when one finds the issue of its stock
Too heavy to be borne alone,
T is easier to transfer onto God
The weight which rightly is his own."

MOSES

"Someone is speaking! Or is this perhaps,
My own, with woe unsettled, mind?
Or does this mocking of my prayer here
Come from a demon of some kind?"

YOUTH'S PROBLEM NUMBER ONE

Two weeks ago in the Ray of Sunshine-column, we read a man's version of the "Youth's Problem Number One." Now perhaps a woman's viewpoint will be welcomed!

Said the gentleman: "The Ukrainian youth is suffering with a toothache" (i. e. marriage). Isn't that a universal problem? Isn't the entire civilized population, in fact, suffering from the same situation? Why should we, Ukrainians, feel that it is with us, and us alone? Why all this sudden sympathy for the Ukrainian American youth? As Dr. O. Gorman, that noted psychologist and psychiatrist said, "Self-pity alone leads to dire results, with eventual self-destruction." So young men, beware of such self-sympathy!

True, the marriage question is taking up quite a bit of our time and energy" as Mr. Damer so aptly stated; but, why should it be a hindrance? Aren't our Ukrainian men capable of using it as an incentive to further their ambition? Why turn an asset into a liability?

True, the average Ukrainian wasn't born with a "silver spoon in his mouth," but haven't we something more than that? Haven't we ambition, courage, pride, and most important—our self-respect? We can truthfully say that what we are is mostly what we have made and are making of ourselves; of course, not forgetting the role of heredity here. Why should an individual say that, "He is lucky to have a job." With sufficient ambition, incentive, and determination he can get a position and eventually attain his goal—whatever it may be.

Granted, a man cannot ask a woman to be his wife, unless he is making a half-way decent salary. But why should he relax and say, "Well, I'm not making enough, so I'll just forget about marriage." Wake up young men! Let the thought of marriage be your stimulant and incentive to secure better positions!

Why let insecurity frighten cupid away? Why not welcome him? Let him guide you—he has shown many individuals the route to happiness and security. Why can't he do the same for you?

As Mr. Damer has said, "Our Ukrainian couples have put off their wedding year after year, waiting in vain for jobs to turn up..." But why wait for jobs? Boys, where is that "pep" that you have always prided yourselves in possessing? What possible good will waiting do you: you must go out with that well known Ukrainian courage and determination and secure the place that is rightfully

yours (if the qualities are present).

Why compare the situation of twenty-five years ago with that of today? Why not be a realist rather than an idealist? Why look backward, when the entire future lies before you? Why sit down and say: "If we had the conditions that were present 25 years ago, we'd be a success." That is taking the easy way out; that is a form of retrogression, that we all should avoid. Are our parents accustomed to an easy life? No, they didn't have the ideal conditions that we are privileged to have, including education, freedom of speech, equality, and democracy,—and yet they made a success in spite of it. Think back to the days when they first came to the United States—handicapped by lack of knowledge of the English language and customs, many of them just peasants and therefore not having much education, and most of them relatively poor! Look at what they have accomplished in this short period of time, and be ashamed of yourselves—those of you, who are now admitting defeat! Why can't you continue along the same lines—using our environment and education to an advantage, rather than just relaxing and wishing for former times.

Boys, do not sit around and sorrow over your plight just because, as one has already termed it, "We have no political connections or influential friends." Many of our Ukrainian youth have succeeded without this so-called pull. Think, in this connection, of our Ukrainian-American doctors, lawyers, professors, artists, biologists, physiologists, laboratory technicians, assemblymen, chemists, dietitians engineers, etc. Why can't the rest of us do likewise. Just don't sit down and feel sorry for yourself. Your ambition, courage, and optimism will show you a brighter future. Isn't that the wiser road?

We, Ukrainian Americans, need not close our eyes to the question of marriage, until conditions change. We can change the conditions—perhaps not universally, but at least individually. So despite the rather bleak and desolate picture painted by one of our promising contributors, I want to impress upon our youth—that conditions are what we make them. Continue with that old "Ukrainian optimism" and make something of yourselves—just as our fathers and forefathers did.

A UKRAINIAN GIRL.

We are no longer happy so soon as we wish to be happier.—Lander.

A good example is the best sermon.—Thomas Fuller.

PITTSBURGH PREPARING FOR YOUTH'S CONGRESS OVER LABOR DAY WEEKEND

The Convention Committee of Pittsburgh has begun its work for the Sixth Ukrainian Youth Congress to be held over the Labor Day weekend by the Ukrainian Youth's League of North America. The Committee has been selected with utmost care. Michael Sawiski, a member of the Ukrainian University Club and an Associated Ukrainian Clubs member, is chairman of it. It is interesting to note that the Committee is composed of members of various clubs from Western Pennsylvania. In this way we have succeeded in arousing interest first in the Convention City itself. Because we are striving so hard to make this particular youth congress a bigger and better one, we will be very happy to receive suggestions from any non-Pittsburghers.

The Fort Pitt Hotel has been selected as the Convention headquarters, it being most suitable for our purpose. It is located directly across the street from the Greyhound Bus Lines, around the corner from the Pennsylvania Station, and about eight miles from the County Airport (for those who wish to fly). Rates for accommodations will be published later.

Those who will attend this youth's congress in Pittsburgh will find many attractions here. I am afraid that many of you who will expect to be carried off in a black cloud will be disappointed. For, although Pittsburgh is known as the "Smoky City," I have found that it is no smokier than any other large, industrial center (that comes from a native who, I assure you, is not prejudiced). But, we have many sights of great renown. The city, for example, is the home of three major institutions of learning,—The University of Pittsburgh, The Carnegie Institute of Technology, and Duquesne University, and the campuses and buildings of these institutions present beautiful scenes. No doubt you have all seen pictures of the Cathedral of Learning towering into the sky. Also, our hills, which so astounded and amused Ernie Pyle during his recent visit, present great scenic beauty. The new looking over the city from Mt. Washington is one that cannot be surpassed anywhere.

In all, even though you are unable to see our famous spots, the Convention, or, more properly, the Sixth Ukrainian Youth's Congress itself should be incentive enough for you all to come and taste true Pittsburgh hospitality.

O. N. MALEVICH.

ALEXANDRA'S ALMANAC

MAY—31 Days

3rd—First medical school in U. S. opened, 1765.
8th—Mother's Day.
15th—Air mail service began, 1918.
21st—Lindbergh reached Paris, 1927.
24—Brooklyn Bridge opened, 1883.
25th—Simon Petlura assassinated in Paris, 1926.
28th—Ivan Franko died, 1916.
30th—Memorial Day.
Birthstone—Emerald.
Flower for the month—Hawthorne.
Zodiac signs—Taurus (the Bull), April 21—May 21; Gemini (the Twins), May 22—June 21.

Horoscopes — "Taurus" people like to work, but are slow to start. They are mentally cautious but strong (mentally). They are loyal to their family and friends. Though not easily angered, they are likely to hold grudges—and they never forget.

"Gemini" people are apt to be versatile, spending their energies on many things, and being in several different businesses during their lives. They like parties, people and excitement, in addition to new ideas and freedom of thought and speech.

DID YOU KNOW—

that in the Empire State building the elevators rise at the speed of 200 feet per 10 seconds?

that "gymnasium" in the Greek original means "place for the naked"?

that Quintilian (Roman author, 35 95 A. D.) once said "They condemn what they do not understand"?

that ammonia is named for the Egyptian god Ammon—near whose temple in the Libyan desert, ammonia was once largely obtained?

that the Romans believed that eating cabbage would help ward off sickness? (sort of a Roman 'an apple a day keeps the doctor away')

that the first cows in America were brought over by Columbus in 1493? (no, not 1492)

Model Manners For Man and Ma'd—When three couples enter a restaurant where the maximum table seating capacity is four, the only arrangement possibly correct is—2 couples at one table, the remaining couple at another table. It is extremely rude for two fellows to sit with one girl, while the other two girls are in the care of one fellow. The solitary male is in an uncomfortable situation, where he is forced to divide his attention, as equally as he can, between the two ladies.

Something to think about—Learn, but learn from the learned.—Cato (Roman philosopher, 95-46 B. C.).

VOICE

"So now you are beginning to have doubts Of your reformatory spree? Yet, forty years you were sure and led, Though blindly, yet courageously!"

MOSES

"Some one is speaking! But why all the beads Of perspiration on my head? Afraid? No! No! But this is burning me Right through the heart, like molten lead!"

VOICE

"With your unlimited ambition's pride You shoved your people off their way To mould them to the pattern you desired. Is this the time for your dismay?"

MOSES

"Who are you that refuses to be seen And to be shaken off my back? I only feel your penetrating gaze From which my soul is turning black!"

VOICE

"What is the difference as to who I be? To one who could command the sea What is more pertinent than who, and what, Is if my words are true or not!"

MOSES

"No, it is not true that I started my task Out of ambition born of pride! It was to the sight of my people enslaved That my heart could never abide."

VOICE

"Because you felt related to the slaves You were humiliated! True? You wanted to remould them into such As would be pleasant unto you."

MOSES

"Yes, from those valleys of mirk and of fright I craved to raise them up to me, To there where I have stood, upon the heights Of honor, love and liberty."

VOICE

"Yet at the time you d'd not seek advice Of God who sent them there below— Till now, when you have fallen, do you ask If he would help you in your woe."

MOSES

"No, no, in this endeavor I was forced And led by His almighty will: The Hor'h flame reviv'd a stumbling soul With understanding, on that hill."

VOICE

"And are you certain that the flame you note Took place at all near Horeb slopes, But only in your too persistent heart, In your unreasonable hopes?"

"Perhaps the voice that led you to attempt This march, which yet d'd not expire, D'd not come forth from any burning bush But was your own internal fire?"

"Because the human passions blind the sight, And cravings are deceiving charms Which to the eyes present a world of gods, Like those mirage enticing arms."

"It was this craving howling in your soul, Just like that beast of prey in rage, And nothing else, that made of you the one They called their leader and their sage!"

MOSES

"Enough! My solitude is amplified A hundred-fold with this address: Who are you, my foe?"

VOICE

"Azazel I am called The demon of the wilderness!"

Ray of Sunshine

By RAY DAMER

WATCH YOUR HEALTH

HEALTH is defined in Webster's Dictionary as "the state of being hale, sound, whole, in body, mind, or soul"; but especially as "the state of being free from physical disease or pain." According to the definition—how many of us are really healthy?

"Sure we're healthy," we assure ourselves. We stand before a mirror and convince ourselves that we must be healthy, otherwise we would certainly look much worse. We forget, however, or probably give little thought to the fact that we are becoming shortwinded; that we no longer can run up the stairs or run after a bus without puffing; that we feel tired and worn out after a day's work; that we no longer can jump out of bed in the morning, bright and alert and feeling "fresh as a daisy"; that we are having stomach troubles and cannot get along without medicines; that we are lazy most of the time; that we are troubled with headaches and poor appetites; that we catch colds easily. All these symptoms—although they do not seem very serious—must be corrected immediately. Nature is flashing her danger signals that something is wrong. It is a good idea to take a hint and begin at once to take good care of ourselves, before it is too late.

"Only the strong shall inherit the earth! Only the fittest survive! The weakling shall perish!" These were the laws of the pre-historic period. Today they are just as true in our modern civilization. Modern business world with its profit motive has no sympathetic heart for the person who cannot produce at a set-pace of latest machines. The average worker must work at top speed or else—he or she will soon be replaced. It is this top speed that finally strains and breaks down our nerves and our body. Working at top speed may be compared to running an automobile at high speed. As it is well known, an automobile operated at medium speed will stay in good condition for a 100,000 miles or more, whereas the automobile operated at top speed may not last 5,000 miles. This American system of work, namely, high speed and short hours, is a destroyer of health. It is far better for the health to work under less pressure and work a little longer, as they do in Europe, than to work under extreme pressure with shorter hours.

How can we buck this speed-up system? How can we make sure that we will have our health in our late years? We must begin now, while we are young, to lay the foundation of health. In our youth we can build up a strong sound body that will serve us faithfully to the end of our days.

In my association with drug and health food organizations I had the opportunity to see some really sick and diseased people. It is a pitiful sight—these hopeless cases trying to buy their health back, when it was already too late. Health must be earned. It is not a gift. You cannot become healthy in a week or a month by taking pills or eating somebody's advertised food. To obtain health one must follow certain recognized Nature's laws. For lack of space these laws are presented here in condensed form. Here they are:

Air: Clean air, night and day. Deep breathing prolongs life. Sleep outdoors if possible. Air is Nature's best tonic.

Food: The simpler the better—include raw vegetable and fruit salads daily. Do not eat if not hungry. Eat enough but not too much. Chew foods well.

Water: Inside and outside. Drink at least 6 or 8 glasses daily. Aids digestion. "Flushes" poisons from body. Drink more in summer.

Sunshine: Supplies Vitamin D.

ATTENTION — PHILADELPHIA UKRAINIAN BASEBALL ENTHUSIASTS

The old "Baseball Bug" has bitten us. The Major Leagues have officially opened the 1938 season. How many of you fellows really want to play baseball? You probably know that the Ukrainian National Association is launching an Athletic program. They will help us organize a baseball team in Philadelphia. Here is a call for candidates. We want to get as many prospects as possible so Philly can have a strong representation in the proposed "UNA Baseball League."

In a recent sports article titled "Ukrainian Major League Baseball Players" appearing in the Ukrainian Weekly, I stressed the point that the Ukrainians should be better represented in the National Game. Action is more practical than words, so I have contacted Mr. Roy Mack, Vice President of the Philadelphia Athletics, who promises to consider my recommendations to him of Ukrainian players with promising qualities. As soon as a schedule is compiled, same will be forwarded to the office of the Philadelphia Athletics and their scouts will be present at some of our games to look you over. We will also try to get several Philly Major League players to correct your fielding faults, batting stances, etc. Here is your opportunity, so act immediately. Every applicant will be carefully considered in the try-outs. A meeting will be called in the near future at which time further details will be discussed. Put down the names and addresses of applicants and mail not later than a week from today to:

DIETRIC SLOBOGIN
2154 North 7th Street
Philadelphia, Pa.

AMBRIDGE DEFEATS ALIQUIPPA FOR STATE TITLE

Ambridge Ukrainians won the Pennsylvania Ukrainian basketball championship in a tournament played Saturday at the Aliquippa High School gymnasium. Nine teams were competing for the title.

Ambridge defeated South Side and Carnegie to reach the finals with Aliquippa, who had eliminated Wilmerding and Butler in preceding rounds.

The final contest kept the fans on their feet throughout the play. It was nip and tuck to the very finish. Ambridge had an 8-7 advantage in the first quarter but Aliquippa was ahead 18-16 at half-time. Ambridge received the lead in the third period, 25-22. The score was tied at 35-35 with only two minutes remaining, when Mike Krasulak and Joe Bucka scored field goals to win the title.

Within the next two weeks, the Pennsylvania representatives will play the Ohio winners at Cleveland or Toledo for the Western championship. This winner will compete with the eastern representative at New York for the national title.

Mike Krasulak was the leading scorer of the tournament with 15 field goals and six fouls for a total of 36 points. Mike Burka and Joe Bucka shared the runnerup honor with 25 points each. In the three games Ambridge compiled 121 markers.

("The Daily Citizen,"
April 11, 1938)

Nature's greatest life saver. Destroys germs. Builds strong bones.

Rest: Mental and physical. Relax the mind and body. Rest prolongs life. Sleep at least 8 hours. Two hours of sleep before, midnight are better than four after.

Exercise: Arouses circulation. Sends clean blood to brain. Eliminates poisons. The most important muscles to exercise are the muscles of the neck, of the chest, of the abdomen, and of the feet.

So live right—enjoy good health. Good health will give you abundant strength and vitality—to be used in your fight for a livelihood and in your fight for the cause of Ukraine.

UYL-NA BASKETBALL TOURNAMENT

Spring and baseball may be here but the Ukrainian Youth's League National Basketball Tournament is just getting under way. Here is how it will be decided:

Eight Area Champions will be named, four in the East, and four in the West. One game play-offs will bring the survivor from each half to clash for the national championship, now held by Cleveland.

Bill Haschak, Sport Director (211 Ward St., Chester, Pa.), reports that team managers and District Leaders have been very negligent in replying to correspondence and in sending reports on their games. Cooperation and attention are essential to make this third annual tourney a success. Do your part by adhering to the rules and instructions. If your District Leader has neglected his duty and you entertain championship claims, write at once to Bill, submitting your season's record, enclose a dollar entry fee, give names of your players, and indicate whether you are ready to travel for the play-offs if called. It's understood that only teams composed of Ukrainians and amateurs are eligible.

A. Y.

CONCERT BY ROCHESTER YOUTH CHORUS

On Saturday, April 30th, the Ukrainian Civic Center Choir of Rochester, N. Y. will present its first annual concert. Although the choir has been organized less than a year, it has made remarkable progress in that short time under its twenty-one year old director Sophie Doroffy.

This will not, by any means, be the first appearance of the choir, for within the past few months, they have on a number of occasions helped out the older members of the Ukrainian Civic Center at their various affairs.

Just recently, the choir did something new in Rochester when, together with the members of the Ukrainian Junior League, they presented a program commemorating the anniversary of Taras Shevchenko. It was quite an innovation for the young Americans to take over from the older members and present entirely on their own initiative a program of this sort.

The appearances of the choir have not been limited to Ukrainian gatherings. A member of the Rochester Museum, down at the Ukrainian Civic Center on business, heard the choir on one of its rehearsal nights and was very much impressed by the work of being done by it under the direction of Miss Doroffy. When a few weeks later the Museum presented its Hobby Show, he went to considerable effort to arrange to have Miss Doroffy present her hobby, as he called it, at the show.

The group singing of the choir will be augmented at the concert by solos by some of the members, as well as a number of Ukrainian dances under the direction of Mr. Kuchy. Dancing will follow after the concert.

C. F.

THE LAND OF STORY BOOKS.

Locked up in a world—all my own,
In the land of story-books—I love to roam,

Forgotten is the world I left behind me,

For in there I'm as happy as I could be.

The gate to the land of story books is always open for me,

And in there I may read all the books I love to see,

It is never Winter there, it is always Spring,

And the birds always sing.

When I'm there I read till I hear a bugle faintly blow,

And very sorry am I then, for I know it's time to go,

Stealing backward looks, I can hear the Fairies softly playing their band,

And once again in my bed, I dream of the story book land.

ROSE ANN FANGA
Age 13

U.C.C. GIRLS BEAT Y.W.H.A.

With over 300 bewildered fans looking on, Al Yarr's "Ukrainian Cultural Centre" girls' basketball team handed the strong "Young Women's Hebrew Association" team its worst defeat in several seasons when it came through with a 38-16 victory on April 13 at Broad and Pine, Philly.

At half time the "U.C.C." 19-4. The boxscore of the game appeared in the Philadelphia Inquirer, while the score was carried by all city papers.

AL YARR.

HALAIKO WINS DECISIVELY

Steve Halaiko, former Auburn Ukrainian will o' wisp and one of the most popular boxers ever to pull on a glove in Rochester made a successful comeback after being away from the wars for nearly a year and a half when—as reported in the Rochester Democrat and Chronicle—he punched out a decisive victory over Joe Revelli of Albany at the Syracuse Arena in a six-round bout held Monday evening, March 28. It was Halaiko's first start since he was knocked out by Pedro Montanez in December, 1936.

Halaiko, nearing 30, and the father of four children, has been employed as boxing instructor at the Elmira YMCA for the last year. He thinks he can scale down to 140 pounds and visions an over-weight match with Lou Ambers. Halaiko holds a decision over the lightweight champion and says promise of a shot at the Herkimer hurricane prompted him to try a comeback.

BAYONNE, N. J.

BALLOON DANCE given by the Ukrainian Athletic Club to be held at the Ukrainian National Home, 33-35 West 19th St., Bayonne, N. J. **SATURDAY evening, APRIL 30, 1938.** Music by The Internationals. Subscription 35 cents. 99

ST. CLAIR, PA.

The Trident Club presents a 3-Act Comedy "BABSKY BUNT", **SUNDAY, MAY 14, 1938** at the St. Clair High School Auditorium. Time: 7:30 P. M. Tickets: Adults 25¢, Children 15¢. The Trident Club is composed of the Youth of St. Nicholas Ukrainian Greek Catholic Church of St. Clair, Pa. 99

You are invited to attend the **MID-WESTERN YOUTH RALLY** given under the auspices of the Ukrainian Youth's League of North America to be held in **DETROIT** at the Ukrainian National Temple on Martin near Michigan Avenue, on **SUNDAY, MAY 22, 1938**, beginning at 1 P. M. **RALLY—BANQUET—DANCING.** Open Discussion. Interesting to all. 99

CLEVELAND, OHIO

"**MAY FROLIC**" sponsored by Y. U. N. No. 8, **SATURDAY, MAY 7, 1938, 8 P. M.**, at Verhovay Hall, 8637 Buckeye Road. Music by Johnnie Hayes and his Ten Clevelanders.

NEW YORK—NEWARK AREA

Keep **SATURDAY evening, MAY 7, 1938** open—for the **DANCE** tendered by the Ukrainian Youth Chorus at the International Institute, 341 East 17 Street, New York City, beginning at 8:30. Music by Vic Romaine. Admission 50 cents.

NEW YORK CITY

The **FOURTH** of the series of **LECTURES ON IVAN FRANKO**, sponsored by the Educational Department of the Ukrainian Youth's League of North America, will be given this **TUESDAY evening, MAY 3rd, at 8:00 P. M.** at the International Institute, 341 E. 17th St., New York City. Lecturer—**Stephen Shumeyko.** Discussion after lecture. Admission free. 94

M-me XENIA VASSENKO

Famous Moscow Opera singer, teacher of many prominent artists. Gives Vocal Lessons. Appointment by telephone only. Address: 250 W. 75th St., New York City. Tel.: Endicot 2-9711.